

Young & Hungry: Your Complete Guide to a Delicious Life



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The YOUNG & HUNGRY lifestyle/cookbook is written by Gabi Moskowitz and Diana Snyder. Gabi is a food blogger and cookbook author and was the inspiration for the Freeform hit comedy.

Diana is a writer for the show. Young & Hungry: Your Complete Guide to a Delicious Life features recipes along with advice about dating, friendships, entertaining, and health. This book is a girls' guide to being young, single, short on cash, and passionate about food.