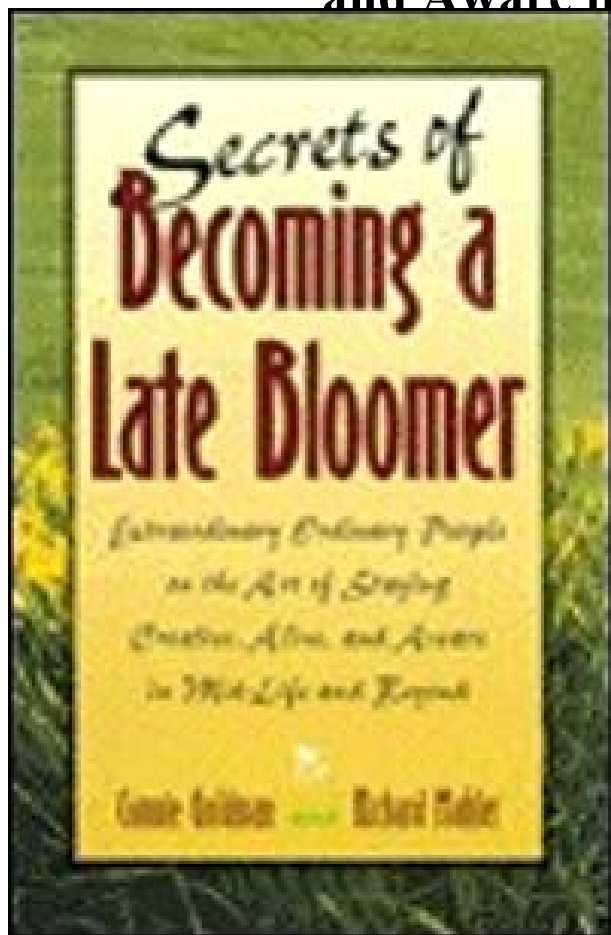


# Secrets of Becoming a Late Bloomer: Extraordinary Ordinary People on the Art of Staying Creative, Alive, and Aware in Mid-Life and Beyond



<b>Pages:</b>	297
<b>Language</b>	English
<b>Author:</b>	Connie Goldman
<b>ISBN10:</b>	1883478030
<b>Genre:</b>	Uncategorized
<b>ISBN13:</b>	9781883478032
<b>Goodreads Rating:</b>	3.67
<b>Published:</b>	July 31st 1995 by Stillpoint Publishing

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An inspiration for those who aspire to make their later years fulfilling, empowering, and creative, this wisdom-filled book is based on the real-life success stories of hundreds of older Americans who have chosen to defy age-regulated stereotypes and make their maturing years more satisfying.