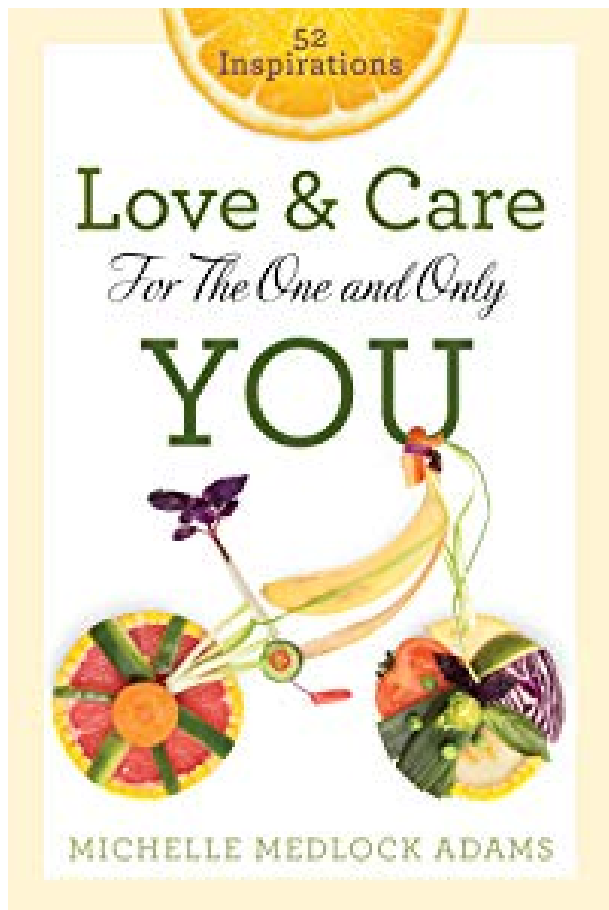


Love and Care For The One and Only You: 52 Inspirations



Pages:	272
Author:	Michelle Medlock Adams
ISBN10:	1617956708
Genre:	Nonfiction
ISBN13:	9781617956706
Goodreads Rating:	4.57
Published:	December 15th 2015 by Worthy Inspired

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52 devotions celebrate the beauty of our uniqueness and include practical tips for healthy recipes, exercise plans, and wellness suggestions.