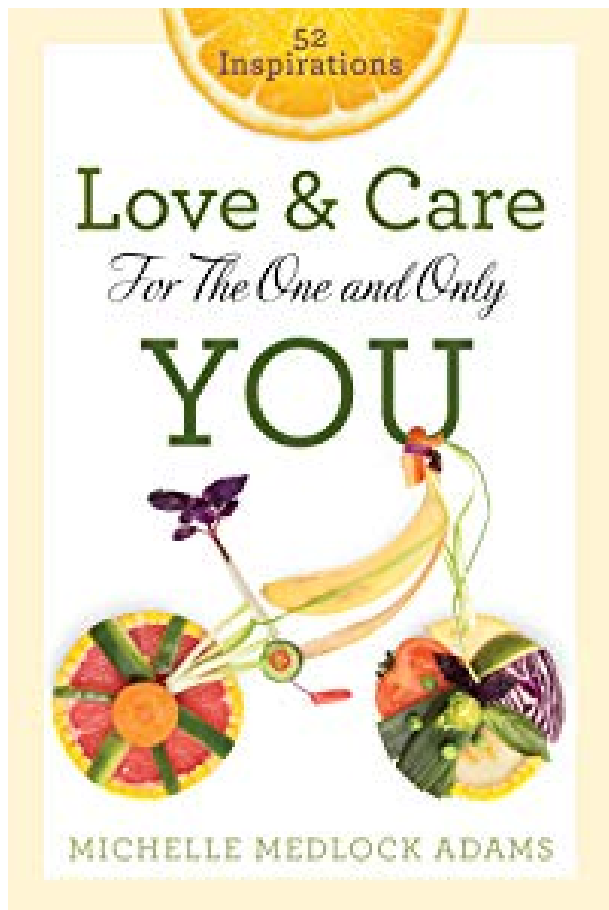


# Love and Care For The One and Only You: 52 Inspirations



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52 devotions celebrate the beauty of our uniqueness and include practical tips for healthy recipes, exercise plans, and wellness suggestions.