

Gay Men Don't Get Fat



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Simon Doonan knows that when it comes to style, the gays are the chosen people. A second anthropological truth comes to him midway through a turkey burger with no bun, at an otherwise hetero barbecue: Do the straight people have any idea how many calories are in the guacamole? In this hilarious discourse on and guide to the well-lived life, Doonan goes far beyond the secrets to eating like the French he proves that gay men really are French women, from their delight in fashion, to their brilliant choices in accessories and decor, to their awe-inspiring ability to limit calorie intake. A Gucci-wearing Margaret Mead at heart, Doonan offers his own inimitable life experiences and uncanny insights into makes gay people driven to live every day feeling their best, and proves that they have just as much and possibly better wisdom, advice, and inspiration beyond the same old diet and exercise tips. So put down that bag of Pirate s Booty and pick up this fierce and fabulous book. From slimming jaunts through Capri in the evening to an intrepid Bear hunt (if you have to ask, you have to read this book and find out for yourself), "Gay Men Don t Get Fat" is the ultimate approach to a glamorous lifestyle plus, you are guaranteed to laugh away the pounds!"