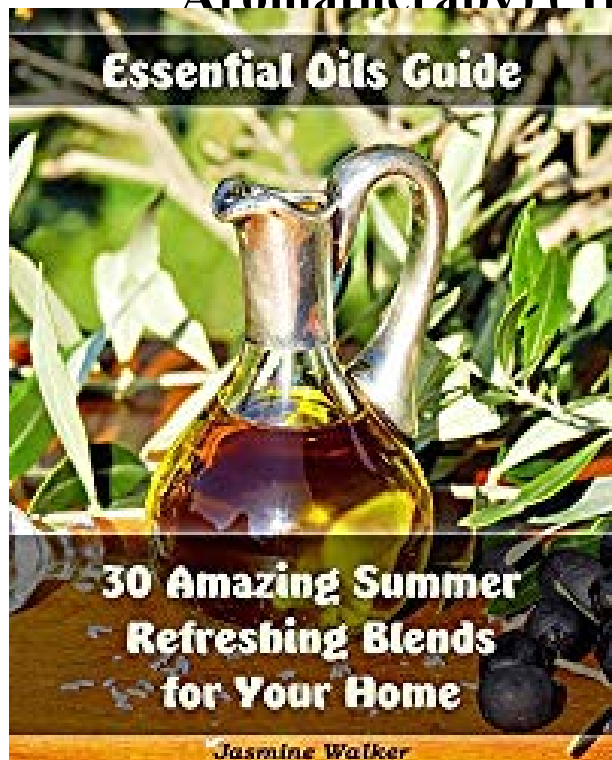


Essential Oils Guide: 30 Amazing Summer Refreshing Blends for Your Home: (Essential Oils, Diffuser Blends, Aromatherapy) (Homemade Natural Remedies, Summer Refreshing Blends)

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Essential Oils Guide 30 Amazing Summer Refreshing Blends for Your Home You are on your way to starting a new hobby and interest in aromatherapy. Essential oils have been used for centuries to heal the spirit, calm the nerves, and bring the body back into balance. Summer is a time of high energy, activity, and high traffic for your home. It can be chaotic, but essential oils can help stave off some of the excess energy.

They can also help with concentration, and those romantic interludes. This book will: Introduce you to aromatherapy and essential oils Give you information on essentials from their scientific names to their uses in diffusers Give you tips on how to properly combine essential oils so you can make your own blends Give you tips and tricks on how to use essential oils when you don't have a diffuser So, if you're ready to start your journey into essential oils and aromatherapy as whole, swipe the page and let's get started.